# Using An Inquiry-based Teaching Approach to Improve Science Outcomes for Students with Disabilities: Snapshot and Longitudinal Data

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Abstract: Poor science achievement has been an educational issue for a number of years. Students with disabilities have traditionally fared worse. Research suggests that students with disabilities may respond better to instruction using an inquiry-based approach vs. traditional textbook instruction when measuring science achievement on standardized measures. The researchers report achievement data on the Iowa Test of Basic Skills from a target school district for students Individualized Education Program's (IEP) and non-IEP students, as well as students with IEP's at the state level. Using an argument-based inquiry approach to science instruction called the Science Writing Heuristic (SWH); the researchers report data supporting its impact on student achievement in science. Data suggest that the SWH may contribute to science achievement for students with IEP's.

An increase in accountability for teachers and schools to ensure that students with disabilities are becoming proficient in the areas of reading, math, and science was promoted through the passing of No Child Left Behind (2002). This educational legislation, aligned closely with the Individuals with Disabilities Education Improvement Act (2004), has led to an increase in the number of students with disabilities receiving core science instruction in general education settings (Kirch, Bargerhuff, Cowan, & Wheatly, 2007). As mandated by a student with disabilities Individualized Education Program (IEP), where and how a student receives educational support is an important consideration. Most students with disabilities spend at least 80% of their day in general education. This change in inclusionary practices and an increased emphasis on science instruction and achievement has changed the focus of both general and special education teachers (Brigham, Scruggs, & Mastropieri, 2011).

According to the National Educational Assessment Performance's, National Center for Education Statistics (NCES, 2009) thirty-four percent of students at grade 4, some 30 percent of students at grade 8, and 21 percent of students at grade 12 performed at or above the Proficient level in 2009. While there is an overall increase in the science achievement

of students nationwide, students with disabilities are continuing to score significantly below their nondisabled peers. When analyzing these assessments, Thurlow, Rogers, and Christenson (2010) found that in 12 of 22 states, less than 50 percent of elementary students with disabilities attained proficiency or advanced levels of performance.

There are many reasons why students with disabilities may struggle in core science instruction. Difficulties with vocabulary knowledge and reading comprehension have been identified in research as learner characteristics that can cause great difficulty for students with disabilities (Therrien, Taylor, Hosp, Kaldenberg, & Gorsh, 2011). Traditional science instruction relies heavily on teaching content through lecture and the use of a science textbook (Brigham, Scruggs, & Mastropieri, 2011). Often students do not receive the instruction necessary to promote strong understanding and comprehension of expository text that is laced with complex vocabulary and an expectation that the student has prior knowledge in the subject area (Mason & Hedin, 2011). As a result students with these characteristics become frustrated and unmotivated to do well in science class. Both students with and without disabilities are faced with this challenge in core science instruction. Other characteristics of students with disabilities that can impede science performance are difficulties in math, processing and retaining information, attention-deficits, and inappropriate classroom behavior.

Research has shown that one way to minimize the challenges that students with disabilities face in the science classroom is to

instruct using an inquiry-based approach vs. traditional textbook instruction (Scruggs, Mastropieri, Bakken, & Brigham, 1993). The reform efforts of many national science organizations over the last decade have endorsed this approach as a means of focusing on the depth of learning vs. the breadth of traditional curriculum frameworks. This hands-on approach to learning allows students to engage in and discover core concepts by conducting experiments and making connections through problem solving and negotiation. Inquiry-based instruction focuses on big ideas versus rote memorization of facts which helps students to retain information they learn more easily. Focusing on core concepts can encourage students to extend their learning beyond traditional science lessons and instruction.

The purpose of this article is to provide descriptive data associated with the learning gains the authors contend correlates with the Science Writing Heuristic in the area of science education for students with disabilities. The researchers used data supplied by the target school district for a "snapshot" analysis of science achievement for one school year and data supplied by the state department of education to determine longitudinal outcomes.

#### **METHOD**

# **Participants**

The target school district in this study is located in a rural area of a Midwestern state. The students included in this study were those who participated in general education science classes. The students with disabilities in the study were identified as students with IEP's using the information provided

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by the state assessment for progress monitoring, the Iowa Test of Basic Skills (ITBS) for the school year of 2009-2010 (*see Table I*). A subset of 23 students with disabilities were tracked beginning in 2006 (3rd grade) through 2011 (8th grade).

#### **Procedure**

Science teachers in the target school district were introduced to the Science Writing Heuristic (SWH) as a means of teaching science content and method to students. The teachers at the target school district began using the SWH instructional approach in 2000 initially in 6th-10th grades. After two years of teacher reported and standardized tests success in science, teachers in elementary grades (3rd-5th) began using the SWH procedure and methodology. In 2005, teachers in kindergarten through 2nd grades were introduced to the SWH approach. Science teachers in the target school district now use the SWH approach district-wide.

#### Intervention

The science writing heuristic. The Science Writing Heuristic (SWH) is an argumentbased inquiry approach that has demonstrated success in terms of both teacher implementation and student achievement (Hand & Keys, 1999). The SWH approach is designed to involve students in inquiry, argumentation, and experimentation as a means of learning science and improving critical thinking skills. Based on the theories that include writing-to-learn strategies, science literacy, and inquiry-based instruction (Yore, Bisanz, & Hand, 2003), the SWH approach was developed as a means of providing students a conceptual framework for science knowledge through debate and experimentation while simultaneously allowing for multiple means of expression to display robust understanding of science themes and concepts. Developed by Brian Hand and Carolyn Keys in the late 1990's, the SWH requires students to use "questions, claims,

Table 1

Target School District Participation on the Iowa Test of Basic Skills (2009-2010)\*

Students	3 <sup>rd</sup> Grade	4th Grade	5 <sup>th</sup> Grade	6 <sup>th</sup> Grade	7 <sup>th</sup> Grade	8 <sup>th</sup> Grade	11 <sup>th</sup> Grade	Total
Participation - Number								
non-IEP	135	163	144	175	183	358	164	1547
IEP	21	20	28	28	38	66	24	225
Participation - Percentages								
non-IEP	87%	89%	84%	86%	83%	84%	87%	85%
IEP	13%	11%	16%	14%	17%	16%	13%	15%

Note-The data show participation rate for the target school district. The target school district is classified as a rural population area in a Midwestern state.

and evidence" to display understanding of science content and concepts.

The SWH is grounded in the idea that people are active in their own learning or knowledge construction (Strike, 1987). The National Science Education Standards place great emphasis on the need for students to be active learners, to inquire and be curious about science, and to communicate their understandings to others. Specifically, the SWH concentrates on broad conceptual understanding, concept maps, and student argumentation and negotiation to encourage students to connect science practically.

Inquiry-based instruction and hands-on experimentation. As recommended by the National Research Council (1996), the SWH emphasizes the use of inquiry-based instruction. Unfortunately, there has been no general consensus of exactly what constitutes inquiry-based instruction (Klahr & Li, 2005; Minner, Levy, & Century, 2010). Scruggs and Mastropieri (2007) explain that inquiry-based instruction builds concept knowledge and learning depth of science content. In addition to inquirybased instruction, the use of hands-on experimentation and structure is recommended for students with disabilities (Scruggs, Mastropieri, & Boon, 1998). The SWH uses student directed practices with teacher guidance and the opportunity for students to conduct experiments of their own devices. Students are required to develop their own research questions, create a claim, and conduct experiments to support or reject their claims.

SWH templates. Scruggs and Mastropieri (2007) suggest that inquiry-based instruction should include an intensive level of structure

for students with disabilities. The SWH uses teacher and student templates to scaffold the teaching and learning process during science instruction (see Table 2). The teacher template addresses teacher activities as they relate to the SWH approach. In the teacher template, the teachers are directed to use a series of strategies connected to the identified elements of the SWH. The template encourages teachers to provide students with multiple opportunities to negotiate understanding of science concepts through their own ideas and experiences. The purpose of the teacher template is to provide instructional guides for pedagogical support of student learning. The student template serves to scaffold student understanding of scientific concepts while at the same time emphasizing the processes of scientists. The SWH encourages students to understand the way in which science is conducted through research, experimentation, negotiation of ideas, refinement of ideas, and explanations of conclusions.

#### Measure

The Iowa Test of Basic Skills. The Iowa Test of Basic Skills (ITBS) consists of a battery of achievement subtests that is used to assess student performance in specific content areas. The ITBS is used to provide achievement information for teachers that in turn can be used to help improve instruction and provide information regarding student learning trends. Additionally, the ITBS is used as an accountability measure by a number of states. Schools are required to have a certain percentage of students reach "proficient" which indicates acceptable demonstration of academic knowledge. Proficiency percentages are reported by the state and by each school district who participates.

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The ITBS was used by the target school district to assess students' achievement and to make academic decisions regarding student educational programming. For the purposes of the current study, the ITBS subtests of reading comprehension, math, and science were examined. Particular attention was paid to the science subtest which assesses scientific inquiry, life science, earth/space science, and physical science (for additional infor-

mation regarding the ITBS see http://www.riverpub.com/products/itbs/index.html).

#### **Calculations**

Proficiency percentages are reported by the state and by each school district who participates. The authors used the reported percentages to conduct comparisons. The proficiency differences were calculated by subtracting science proficiency percentages from the

Table 2
Student and Teacher Template for the Science Writing Heuristic approach

Student Template		Teacher Template		
1. Beginning Ideas	What are my questions?	Exploration of pre-instruction under- standing through individual or group concept mapping or working through a computer simulation.		
2. Tests	What did I do?	Pre-laboratory activities, including informal writing, making observations, brainstorming, and posing questions.		
3. Observations	What did I see?	Participation in laboratory activity.		
4. Claims	What can I claim?	Negotiation phase I - writing personal meanings for laboratory activity.		
5. Evidence	How do I know? How can I support my claim?	Negotiation phase II - sharing and comparing data interpretations in small groups.		
6. Reading	How do my ideas compare with others ideas?	Negotiation phase III - comparing science ideas to textbooks for other printed resources.		
7. Reflection	How have my ideas changed?	Negotiation phase IV - individual reflection and writing.		
8. Writing	What is the best explanation to describe what I have learned?	Exploration of post-instruction under- standing through concept mapping, group discussion, or writing a clear explanation.		

proficiency percentages in the areas of reading comprehension and math respectively.

#### RESULTS

The results are presented by the researchers examining comparisons between students with IEP's from the target school district, non-IEP students from the target school district, and students with IEP's statewide, produced from Iowa Test of Basic Skills (ITBS) data. The following comparisons were made: a) proficiency percentages during one academic school year (2009-2010) for students with Individualized Education Plans (IEP) in grades 3 through 8 and grade 11 on the ITBS subtests of science, math, and reading comprehension at the target school district; b) proficiency percentages for students with IEP's from the target school district versus those at the state level on the ITBS science subtest; c) proficiency percentage differences between science and reading comprehension subtests and science and math subtests respectively for students with IEP's versus non-IEP students at the target school district; d) proficiency percentage differences between science and reading comprehension subscales and science and math subscales respectively for students with IEP's from the target school district versus those at the state level; and e) longitudinal proficiency percentages on the ITBS science subtest and improvement difference percentages on science and reading comprehension and science and math subtests respectfully for students with IEP's at the target school district versus students with IEP's at the state level from the years of 2006 to 2011.

# 2009 – 2010 Proficiency Data

Proficiency percentages. During the 2009-2010 school year, approximately 15% of students with IEP's participated in ITBS from grades 3-8 and grade 11 (see Table 2). Scores for grades 9 and 10 were not available. In all grades, with the exception of grade 11, proficiency in science for students with IEP's was higher than reported proficiency in reading and math. Proficiency percentage results ranged from approximately 19%-40%, 23%-55%, and 23%-70% on reading comprehension, math, and science subscale scores respectively (see Figure 1). When compared

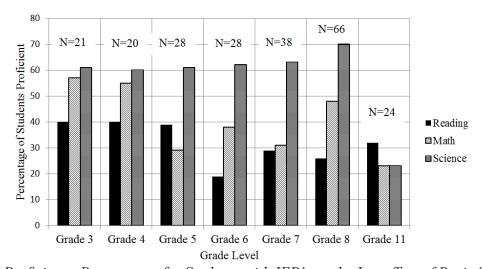
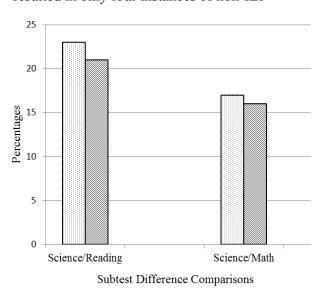


Figure 1: Proficiency Percentages for Students with IEP's on the Iowa Test of Basic Skills

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to students with IEP's at the state level, the target school district reached higher levels of proficiency on the ITBS science subtest. Approximately 50% students with IEP's at the state level reached proficiency compared to 63% at the target school district.

Proficiency percentage differences. Difference comparisons of ITBS subtests science/reading comprehension and science/math at the target school district revealed that students with IEP's had higher improvement differences in proficiency versus non-IEP students in most instances (see Table 3). Examination of fourteen comparisons (7 science/reading comprehension and 7 science/math, respectively) resulted in only four instances of non-IEP



☐ Target District ☐ State Level

Figure 2: Proficiency Percentage Differences for Students with IEP's on the Iowa Test of Basic Skills. Percentage differences of the ITBS subtest of science and reading comprehension and science and math. Comparisons are of students with IEP's at the target district and state levels.

students showing better improvement than students with IEP's from the target school district. Students with IEP's at the target school district had slightly higher proficiency percentage differences on the ITBS compared to students with IEP's at the state level for the 2009-2010 school year (*see Figure 2*).

# 2006-2011 Longitudinal Data

Proficiency percentages. Longitudinal data on students with IEP's entering third grade in 2006 through eighth grade in 2011 were examined from the target school district and compared with students with IEP's at state level for each of respective year. These data showed that the tracked students at the target school district reached higher proficiency

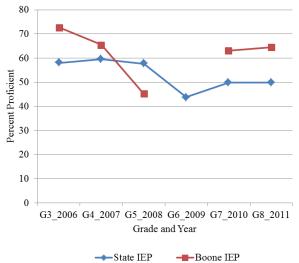


Figure 3: Longitudinal Proficiency Percentages for Students with IEP's on the Iowa Test of Basic Skills Science Subtest. Longitudinal Proficiency Percentages on the ITBS science subtest Comparisons are of students with IEP's at the target district and state levels for the years of (2006-2011). Note-The school district did not provide data for the 2009 school year.

2009-2010 School Year Data Proficiency Percentage Differences for Target School District

	Science/Reading		Science/Math	
Grade	non-IEP	IEP	non-IEP	IEP
3rd	-3%	21%	6%	4%
4th	0%	20%	-1%	5%
5th	5%	5%	22%	32%
6th	23%	43%	13%	24%
7th	8%	34%	17%	32%
8th	16%	44%	7%	22%
11th	5%	-9%	0%	0%

Table 3

Longitudinal Data on Proficiency Percentage Differences for Students with IEP's

	Target School Di	strict	State Level		
Year	Science/Reading	Science/Math	Science/Reading	Science/Math	
2006	32%	30%	23%	13%	
2007	9% <sup>a</sup>	13%	18%	10%	
2008	-10% <sup>ab</sup>	$0\%^{ab}$	20%	12%	
2009	N/A <sup>c</sup>	N/A <sup>c</sup>	16%	9%	
2010	35%	33%	23%	16%	
2011	32%	17%	21%	15%	

<sup>&</sup>lt;sup>a</sup>Indicates areas in which science comparisons were larger for state than target school district <sup>b</sup>Indicates areas when there were either no change or no improvement in proficiency difference.

Table 4

<sup>&</sup>lt;sup>c</sup>N/A=Not Available. Proficiency percentages were not available for that school year.

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percentages on the ITBS science subtest in all but years 2008 and 2009 respectively compared to students with IEP's at the state level (see Figure 3). When comparing proficiency improvement differences, these data showed similar results (see Table 4). For most comparisons, the target school district showed higher levels of improvement than students at the state level. The authors noted that science/reading comprehension improvements for the students with IEP's at the target school district were lower than those at the state level for the year of 2007. It should also be noted that while examining the data for 2008, the students in the target school district showed no improvement differences when compared to state level percentages. There were no data available for students in the target school district for the year of 2009 due to changes in reporting by building (e.g. students in grades 6 were moved from elementary school to middle school).

# **DISCUSSION**

The purpose of this article was to examine the impact of SWH approach for students with disabilities. Using a one year "snapshot" of students and 23 students tracked over a six year period, comparisons were made between the non-IEP students from the target school district and students with IEP's statewide. The ITBS scores were analyzed and the percentage of students proficient in the areas of reading comprehension, math, and science were compared.

Within group comparisons of students with IEP's at the target school district showed that students were generally more proficient in science than other subtest areas during the

snapshot year. Also during the single year examination, when compared with students with IEP's at the state level, the students in the target school district reached a substantially higher proficiency percentage. These results suggest that the science program in the target school district may lead to a higher percentage of students with IEPs scoring proficient on the ITBS science subtest compared to the percentage of students with IEPs who also score proficient across the state during one academic year. Results from longitudinal comparisons of students with IEP's, ITBS science subtest proficiency percentages suggest equally impressive science achievement results. After tracking twenty-three students for six years, all but two years displayed students with IEP's at the target school district reaching higher proficiency on the ITBS science subtest when compared to students with IEP's at the state level. During the final two years of tracking, 2010 (7th grade) and 2011 (8th grade) respectively, students at the target district reached substantially higher proficiencies compared to students at the state level.

When looking at the science program in this district, we know the science teachers were trained to use and implement the SWH approach. Although, we cannot say for certain that the SWH model is the reason why we are seeing the trend, we do know that there are many components used within SWH that researchers suggest produce higher results for students with special needs.

#### INFLUENTIAL COMPONENTS

For the 23 students with special needs, science instruction was delivered using an

inquiry method—specifically following the SWH model; and we know that students with special needs can be successful in such inquiry-based classes (Mastropieri & Scruggs, 1992; Mastropieri et al., 1998). Researchers also suggest it may be specific components of the SWH inquiry model that that are contributing to this success. One of these major components of a SWH classroom is the movement away from providing instruction using a textbook. The complex text and vocabulary often associated with science textbooks is often a barrier to students with learning difficulties (Parmar, Duluca, & Janczak, 1994). Secondly in SWH classrooms, textbooks are replaced by hands on-concrete experiences. In a meta-analysis of science instruction for students with LD, Therrien, et al., (2011) concluded that students seem to benefit from these types of classroom activities. Another unique characteristic of the SWH approach, which research has shown to help students with disabilities, is that the learning experiences are geared around big ideas. In the same metaanalysis for students with LD, Therrien and colleagues (2011) found that intervention studies for students with LD in the content area of science that focused on big ideas by using graphic organizers produced a larger effect size (ES) than studies that did not.

#### Limitations

There are a few major limitations to the conclusions of this study. First, although the teachers in this school district received extensive training on how to successfully implement this approach in their classrooms along with constructive feedback to improve their use of the model, results of the study are limited by lack of teaching fidelity data.

Secondly, the Midwest state where this study took place does not follow the traditional model of identification of students with special needs. This state classifies all students who receive services under an IEP as an eligible individual not as a student with a particular disability. This classification system makes it impossible to further explore the efficacy of the SWH approach on students with varying disabilities (e.g., students with learning disabilities, students with intellectual disabilities, student with emotional and behavior disabilities, etc.). Third, comparisons made here were based on extant data, with no real control group available at the student and school levels. Additional studies that examine the impact of the SWH using experimental designs (e.g., random control trial) need to be conducted before we can ascertain with certainty the effectiveness of the SWH on students with disabilities science achievement. Furthermore, the study data regarding participants at both the snapshot and longitudinal levels are consistent with rural population data. As the target school district was a rural population area in a Midwestern state inferences based on study results should be limited to the similar population demographics.

#### **CONCLUSION**

Overall results indicate that the SWH approach for teaching science to students with disabilities has the potential to be effective at increasing students with disabilities achievement on the ITBS assessment. This coincides with past research, which suggested that students with disabilities can be successful in inquiry classrooms. However, research also suggests that such students

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may be even more successful if they receive significantly more structure (Dalton et al. 1997; McCleery and Tindal, 1999). As previous literature reviews tend to suggest (Mastropieri & Scruggs, 1992; Scruggs, Mastropieri, & Boon, 1998), future research in SWH classrooms should focus on providing students with disabilities additional support such as pre-teaching important concepts, modifying or adapting language requirements, supporting hands-on experiences and providing formative feedback.

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